



conference, dinner party, and backyard barbecue--and how you host and attend them.

**The Mount Auburn Plays** Patrick Gabridge 2020-07-10 These plays were written to be performed on the grounds of the historic Mount Auburn Cemetery. The Nature Plays explore the lively natural environment, ranging on topics from the mating habits of spotted salamanders to a love story between two male sassafras trees. The America Plays examine American identity through the lens of Mount Auburn, with vibrant characters like sculptors Harriet Hosmer and Edmonia Lewis, and the story of refugees from the Armenian Genocide. Moonlight Abolitionists presents a swirling conversation between six abolitionists buried at Mount Auburn, performed under the full moon. Altogether, this work conjured laughter and tears from audiences who witnessed a spectacular dramatic team on a unique stage.

*Tunnel of Light and Dark* Holly Ziemba 2021-07-20 Tunnel of Light and Dark is a poetry book about my life that I have been slowly working on since I was a young girl in middle school. I began writing when my teacher Mr. Van Heest pushed me to write a poem in school and enter it into a contest. Little did he know, that moment would spark something in me.

*A Radical Guide for Women with ADHD* Sari Solden 2019-07-01 Live boldly as a woman with ADHD! This radical guide will show you how to cultivate your individual strengths, honor your neurodiversity, and learn to communicate with

confidence and clarity. If you are a woman with attention deficit/hyperactivity disorder (ADHD), you've probably known—all your life—that you're different. As girls, we learn which behaviors, thinking, learning, and working styles are preferred, which are accepted and tolerated, and which are frowned upon. These preferences are communicated in innumerable ways—from media and books to our first-grade classroom to conversations with our classmates and parents. Over the course of a lifetime, women with ADHD learn through various channels that the way they think, work, speak, relate, and act does not match up with the preferred way of being in the world. In short, they learn that difference is bad. And, since these women know that they are different, they learn that they are bad. It's time for a change. *A Radical Guide for Women with ADHD* is the first guided workbook for women with ADHD designed to break the cycle of negative self-talk and shame-based narratives that stem from the common and limiting belief that brain differences are character flaws. In this unique guide, you'll find a groundbreaking approach that blends traditional ADHD treatment with contemporary treatment methods, such as acceptance and commitment therapy (ACT), to help you untangle yourself from the beliefs that have kept you from reaching your potential in life. If you're ready to develop a strong, bold, and confident sense of self, embrace your unique brain-based differences, and cultivate your individual strengths, this step-by-step workbook will help guide the way.